

## Nursing Facility – Skilled Care

Condition is unstable

- Intensive therapy services 5x/week as directed
- Feeding tube
- Vent or Trach care
- Medications delivered via IV or feeding tube; or requiring close observation and judgment (chemotherapy)
- Combination of conditions/factors

### **Example (Skilled Care):**

10-year-old with severe cardiac compromise requiring surgical intervention

#### **Skilled Needs**

Assessment:

- Trained and knowledgeable regarding changes in clinical condition and necessary intervention

Interventions:

- Parents monitor cardiovascular system changes
- Oxygen therapy
- Medication management requiring clinic judgment
- Parents perform home exercise program (HEP) 3x/week
- Requires assistance with most activities of daily living (ADLs)

## Nursing Facility – Intermediate Care

Patient is more stable and the focus is on maintenance therapy

- Periods of instability
- Maintenance medication management
- Therapy services to prevent progressive disabilities

### **Example (Intermediate Care):**

One year later - 10-year-old with severe cardiac compromise surgical intervention completed

#### **Intermediate Care Needs**

- Maintenance/preventative therapy services
  - Off oxygen but limited respiratory capacity
  - Remains on potent cardiovascular medications
  - Physical therapy/occupational therapy 2x/week
- Child learning self-care
- Clinical status stabilized due to knowledge increase of parents

## Inpatient Psychiatric Hospital (IPH)

### Meeting the Criteria

#### Criteria 1 (must include documentation)

- Mental illness/severe emotional disturbance diagnosed by psychiatrist/mental health clinician
- Has persisted 6 months
- Expected to persist for 12 months or longer

#### Criteria 2 (must include documentation)

- Must have at least one of following mental health symptoms
  - Psychotic symptoms
  - Suicidal behavior within 90 days prior to date of application
  - Significant suicidal thoughts within 30 days prior to date of application
  - Violent behavior within 30 days prior to date of application

Other criteria (3–6) should be addressed in the supporting documentation

### Example:

- 12-year-old female with schizophrenia for 2 years; under the care of psychiatrist
- Documented regular patterns of violent behavior requiring police intervention
- Functional impairments in all areas
- Interventions:
  - Safety needs
  - Mental health wrap around services 5x/week
  - Medication management
  - IEP to address school/behavioral needs